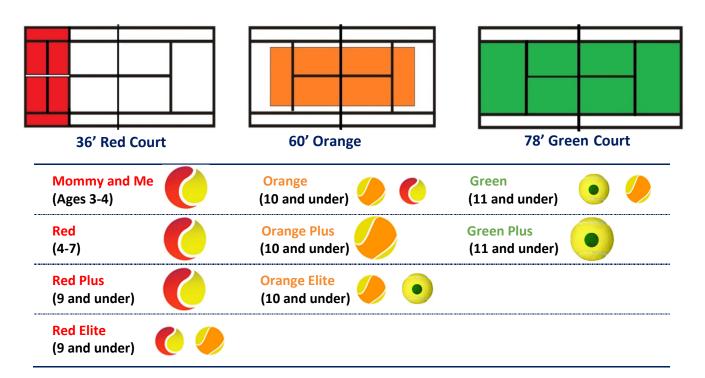


11 and Under Pathway

Flushing Meadows Corona Park
Flushing, NY 11368
718-760-6200
www.ntc.usta.com

Young players who are in the Red, Orange, and Green ball progression



Mommy and Me (Ages: 3 and 4)

Interactive adult and child playtime that introduces fundamental athletic and movement skills for tennis and all sports. Parents/Adults – bring your tennis shoes – we want you to join in the fun on court! Use of red felt, red foam, and alternative balls on 36 ft. court. Racquet size: 17-19 inches. Class length: 60 minutes on-court.

Red (Ages: 4-7)

Focus is on developing the ABCs (agility, balance and coordination) and introducing tennis FUNdamentals. Through engaging activities, players will develop skills needed to get them ready to rally! Use of red felt, red foam and alternative balls on 36 ft. court. Racquet size: 19-21 inches. Class length: 60-90 minutes on-court.

Red Plus (Ages: 9 and under)

Players continue to develop overall athletic abilities and tennis specific skills. Engaging partner activities and games are designed to build a player's foundation in all the basic tennis strokes. Basic rallying, serving, and scoring skills are introduced. Players will be grouped by age/ability within each program. Use of red felt and red foam balls on 36 ft. court. Racquet size: 19-23 inches. Class length: 90 minutes on-court.

Red Elite (Ages: 9 and under) ... Coming in the winter session

For players who are exceling with basic rally, serving and scoring. This class puts additional emphasis on technical development while further improving accuracy, spins and basic tactics. This class will introduce orange balls and the 60 ft. court as a way to transition the players into the next level. Participation in this class is not mandatory to move to Orange class, as not all Red Plus players will qualify for the Red Elite group. Use of red felt, on 36 ft. court, and orange balls, on 60 ft. court. Players are encouraged to participate in Play Days and Match Play. Racquet side: 19-25 inches. Class length: 90 minutes on-court.



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Orange (Ages: 10 and under)

For players who are transitioning into orange ball and learning to play on the 60 ft. court. Activities and games will focus on developing groundstroke consistency, serve direction and transition to the net. Players are encouraged to participate in Play Days and Match Play. Use of orange ball, on 60 ft. court, and red balls, on 36 ft. court, as needed. Racquet size: 23-25 inches. Class length: 90 minutes on-court.

Orange Plus (Ages: 10 and under)

Players are able to consistently rally and cooperate with a partner. Maintaining proper technique during points and proficiency on serve is a necessity before moving to the next level. Players are encouraged to participate in Junior Team Tennis and/or Entry Level Tournaments to further their development. Use of orange ball, on 60 ft. court. Racquet size: 23-25 inches. Class length: 90 minutes on-court.

Orange Elite (Ages: 10 and under)

For players who are excelling with the orange fundamentals and ready to start transitioning into a full-court using green balls. Players will be further exposed to transitioning to the net, more advanced tactics, and using difference stances. Participation in this class is not mandatory to move to Green class, as not all Orange Plus players will qualify for the Orange Elite group. Players are expected to be participating in Junior Team Tennis and/or Intermediate to Advance level Tournaments to further their development. Use of and orange balls, on 60 ft. court, and green balls, on full court. Racquet size: 25-27 inches. Class length: 90 minutes on-court.

Green (Ages: 11 and under)

For players who are transitioning into full-court play with green balls. This class will further emphasize player's ability to adjust to different heights and depth, while maintaining technical foundation, and covering the full court effectively. Players are highly encouraged to be participating in Junior Team Tennis and appropriate tournaments. Use of green balls, on full court, and orange balls, on 60 ft. court, as needed. Racquet size: 26-27 inches. Class length: 90 minutes on-court.

Green Plus (Ages: 11 and under)

Players are learning how to adjust their style based on opponent's preferences. This class will place additional importance on point building and in developing a weapon. Players are expected to be regularly participating in local tournaments. Use of green balls, on full-court. Racquet size: 26-27 inches. Class length: 90 minutes on-court and 30 minutes off-court (strength and conditioning).

