

2017 FALL Junior Tennis Competitive Training

Monday, September 21 – Sunday, January 14, 2018

(No classes: Thursday, Nov. 23 – Sunday, Nov. 26, and Saturday, Dec. 23 – Monday, Jan. 1)

Transition Pathway

Our Transition Pathway focuses on players who are either transitioning into yellow balls and/or aspiring to become competitive tournament players. While further emphasizing fundamentals, work ethic, overall ball control, players will learn the necessary skills needed to be able to successfully be introduced to local and sectional competition.

<u>Day of Week:</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
Number of classes	14 classes	15 classes	15 classes	15 classes		14 classes	14 classes
Feed the Feeder Ages: 9-12 On-court 120 min, 30 min fitness	4:00-6:30pm \$980.00	—	4:00-6:30pm \$1,050.00	—	See Match Play 7:00pm	3:30-6:00pm \$980.00	3:30-6:00pm \$980.00
Academy Pre-Teens Ages: 11-12 On-court 90 min, 30 min fitness	—	5:00-7:00pm \$825.00	—	5:00-7:00pm \$825.00	See Match Play 5:30pm	3:30-5:30pm \$770.00	—
Academy Teens Ages: 13-17 On-court 120 min, 30 min fitness	5:30-8:00pm \$980.00	—	5:30-8:00pm \$1,050.00	—	See Match Play 5:30pm	3:30-6:00pm \$980.00	3:30-6:00pm \$980.00
Academy Teens Plus Ages: 13-17 On-court 120 min, 30 min fitness	—	5:30-8:00pm \$1,050.00	—	5:30-8:00pm \$1,050.00	See Match Play 7:00pm	3:30-6:00pm \$980.00	3:30-6:00pm \$980.00

High Performance Pathway

Our High Performance Pathway follows the USTA Player Development coaching philosophy and concepts that are instrumental in long-term development of outstanding players. Our goal is to help players develop tournament mentality backed by solid parameters, fitness and strategic thinking. By providing an environment conducive to personal excellence and a progression-based teaching methodology, our program focuses on developing and attracting serious junior tournament players with high aspirations, such as college tennis and beyond.

<u>Day of Week:</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
Number of classes	14 classes	15 classes	15 classes	15 classes	Match Play	14 classes	14 classes
Feed the Feeder Plus Ages: 9-12 On-court 120 min, 30 min fitness	—	4:00-6:30pm \$1,110.00	—	4:00-6:30pm \$1,110.00	See Match Play 7:00pm	—	3:30-6:00pm \$1,036.00
Feeder Youth Ages: 9-12 On-court 120 min, 30 min fitness	5:30-8:00pm \$1,036.00	5:30-8:00pm \$1,110.00	5:30-8:00pm \$1,110.00	5:30-8:00pm \$1,110.00	See Match Play 7:00pm	—	—
Feeder Teens Ages: 13-17 On-court 120 min, 30 min fitness	4:00-6:30pm \$1,036.00	4:00-6:30pm \$1,110.00	4:00-6:30pm \$1,110.00	4:00-6:30pm \$1,110.00	See Match Play 7:00pm	—	—

Register online at www.ntc.usta.com