

# Junior Development Pathway

Players who are new to tennis or need to further develop their skills in order to move into other pathways or aspire to play recreationally

## Players who are new to tennis

### NTC Youth (Ages: 8-10)



Designed for players with none, or limited, tennis experience. Focus is on learning overall athletic abilities and tennis specific skills. Engaging partner activities and games are designed to build a player's foundation in all the basic tennis strokes, so player can move to 11 and Under Pathway. Use of a variety of low compression balls, based on player's needs, in order to enhance the experience and speed up the learning curve for players. Racquet size: 25-26 inches. Class length: 90 minutes on-court.

### NTC Pre-Teens (Ages: 11-12)



### NTC Teens (Ages: 13-17)



Designed for players with none, or limited, tennis experience. Focus is on learning rules and basic concepts needed to rally. With cooperative activities players will develop skills and learn the concepts needed to succeed at the next levels. Use of a variety of low compression balls, based on player's needs, in order to enhance the experience and speed up the learning curve for players. Racquet size: 25-27 inches. Class length: 90 minutes on-court.

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## Players with experience (Ages: 11-12)

### JD Pre-Teens (Ages: 11-12)



Players are in the early stages of rallying with a partner, and still need to further develop fundamentals in order to be more proficient during point play. Use of a variety of low compression balls, based on player's needs, in order to enhance the experience and speed up the learning curve for players. Racquet size: 26-27 inches. Class length: 90 minutes on-court.

### JD Pre-Teens Plus (Ages: 11-12)



Players are technically further developed and able to sustain rallies more consistently. The class will emphasize a variety of play-based activities to help them develop playing strategies. Use of a variety of low compression balls, based on player's needs, in order to enhance the experience and speed up the learning curve for players. Racquet size: 26-27 inches. Class length: 90 minutes on-court.

### JD Pre-Teens Elite (Ages: 11-12)



Players continue to enhance their fundamentals and overall control. Game-based drills and ability to work cooperatively with a partner are highly emphasized at this level. Racquet size: 27 inches. Class length: 90 minutes on-court.

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## Players with experience (Ages: 13-17)

### JD Teens (Ages: 13-17)



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### JD Teens Plus (Ages: 13-17)



Players are technically further developed and able to sustain rallies more consistently. The class will emphasize a variety of play-based activities to help them develop playing strategies. Use of a variety of low compression balls, based on player's needs, in order to enhance the experience and speed up the learning curve for players. Racquet size: 26-27 inches. Class length: 90 minutes on-court.

### JD Teens Elite (Ages: 13-17)



Players continue to enhance their fundamentals and overall control. Game-based drills and ability to work cooperatively with a partner are highly emphasized at this level. Racquet size: 27 inches. Class length: 90 minutes on-court and 30 minutes off-court.

#### NOTES:

- The size of the ball indicates the primary ball used for that class; the larger size indicates the ball that will be used more often during the session.
- If all the balls are the same size, that means the Pro will spend a similar amount of time on each ball throughout the session. However, this will be based on the class' needs at the Pro's discretion.
- The Pro may utilize balls not listed above based on the class' needs, at his/her discretion.

Online registration is available at [www.ntc.usta.com](http://www.ntc.usta.com)

**Game. Set. Match . . . Play Where Legends Are Made**