

Adult Tennis Programs – Evenings

Monday, July 1 - Thursday, July 25, 2019 (No Classes on Thursday, July 4)

We offer varieties of the adult instructional group lessons. These tennis programs combine instruction and play while emphasizing the fun and social aspects of tennis.

	Monday 7/1 – 7/22	Tuesday 7/2 – 7/23	Wednesday 7/3 – 7/24	Thursday 7/11 – 7/25 (No 7/4)
	7/1, 7/8, 7/15, 7/22	7/2, 7/9, 7/16, 7/23	7/3, 7/10, 7/17, 7/24	7/11, 7/18, 7/25
Intro to Tennis 101 (1.0/1.0S)	7:00P-8:30P \$180.00 (ID: 13014)	—	7:00P-8:30P \$180.00 (ID: 13015)	—
Novice 102 (1.5/1.5S-2.0S)	7:00P-8:30P \$180.00 (ID: 13016)	7:00P-8:30P \$180.00 (ID: 13017)	7:00P-8:30P \$180.00 (ID: 13018)	—
NTC Rally (2.0-2.5/2.5S)	7:00P-8:30P \$180.00 (ID: 13019)	7:00P-8:30P \$180.00 (ID: 13020)	7:00P-8:30P \$180.00 (ID: 13021)	7:00P-8:30P \$135.00 (ID: 13022)
NTC Olympic (2.6-3.5/3.0S-4.0S)	7:00P-8:30P \$180.00 (ID: 13023)	7:00P-8:30P \$180.00 (ID: 13024)	7:00P-8:30P \$180.00 (ID: 13025)	7:00P-8:30P \$135.00 (ID: 13026)

ZONE 8/Cardio: fast pace game based program combined with a little bit of Cardio Tennis component. Play, play and play. Your tennis skills improve fast, and it is FUN. Accommodate up to 8 players per court.

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ZONE 8/Cardio (2.1-3.0/3.5S)	7:00P-8:30P \$135.00 (ID: 13027)	7:00P-8:30P \$135.00 (ID: 13028)	7:00P-8:30P \$135.00 (ID: 13029)	7:00P-8:30P \$101.25 (ID: 13030)
ZONE 8/Cardio ADVANCED (3.1-4.5)	7:00P-8:30P \$135.00 (ID: 13031)	7:00P-8:30P \$135.00 (ID: 13032)	7:00P-8:30P \$135.00 (ID: 13033)	7:00P-8:30P \$101.25 (ID: 13034)

Adult One-Day Weekend Tennis Camp July, 2019 (TBA)

More information coming soon